

# Write Now!

## *A Speedy Journaling Workshop*

### SUPPLY LIST

At Big Picture Scrapbooking, substitutions are encouraged! Our supply lists are designed to help you use what you have on hand. When you do need help or additional supplies, we believe the personal attention at your local scrapbook store can't be beat. We are pleased to be in partnership with [Scrapbook.com](http://Scrapbook.com) to provide you with an online retail resource as well.

To prepare for Amy's class, please gather the following:

- [Basic tool kit](#) (to purchase items like these [click here](#))
- a computer with a word processor.
- a good pen. My all-time favorite pen is the Uni Power Tank, which you can find at Walmart. The [Pilot Permapen](#) is another smooth pen. Find one that's comfortable in your hand.
- a spiral-bound notebook. My absolute favorite notebooks are the spiral bound kind they sell at Target, the ones that have a colored linen strip under the spirals and a cardboard cover. Another favorite is the [chunky spiral journal](#) at Barnes and Noble. Writing notebooks are like hiking shoes---you have to find the style that fits you best. Shop around a bit until you find your notebook!
- a timer that will let you time yourself in one-minute stretches. I like this [Triple Timer](#) from Williams-Sonoma for two reasons: first, it's easy to set two different times; second, it was already in my kitchen cupboard! You don't have to get fancy with your timer.

Don't forget to bring your enthusiasm---  
this is going to be fun!

